

Heart And Sole: How 26 Ran A Marathon (And You Can, Too) By Melinda Hinson Neely

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Marathon dreams come true | melinda hinson neely

At long last, I am excited to announce the release of my new book, Heart and Sole: How 26 Ran A Marathon (And You Can, Too). This Saturday, April 27, 2013 from 11 a.m

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A Record Crowd. Though the weather in Columbia was a wee bit soggy, we had a great crowd for the 14th annual Lexington Medical Center Heart & Sole Women s Five Miler!

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Melinda hinson neely, bsph nutr 86

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